

Development and Implementation of a Pediatric Bullying Education

Presentation Specific to the Role of School Nurses

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Purpose

- Bullying is a pervasive problem plaguing the pediatric population.
- Knowledge enhances the school nurses and APRNs ability to recognize and intervene in response to bullying within the school.^{3,4}
- The purpose of this project is to evaluate the knowledge of Hillsborough County School Nurses and APRNs regarding bullying that is specific to this population.

Background

Description of the Problem

- 14.9%: Electronically bullied.⁵
- 19.0%: Bullied at school.⁵

Significance of the Problem

- Increase in School Shootings:
 - 94 school gun violence incidents in 2018 alone (59% increase from the previous record of 59 in 2006)^{13,14, 15}
- Increase in Youth Suicides:
 - Youth suicide rate increased by 33% since 2009 (second leading cause of death)^{13,14, 15}
- School nurses and APRNs need the skills to assess, identify, and intervene when necessary.
- School nurses and APRNs require additional education regarding their role in bullying as a school health professional.

Methods

Recommended Bullying Education for School Nurses ^{1,9,18-20}		
National	National Association of School Nurses (NASN)	Florida
-Definitions of bullying -Somatic complaints of bullying victims -Screening bullied children for anxiety, depression, suicidal ideation -Cyberbullying -Social media applications -Prevention programs to be managed by school nurses -Assessment and referral -Support groups for victims	-Definitions of bullying, aggression, victimization -Long-term consequences -Identification and assessment of bullied victims -Somatic complaints of bullying victims	-Definitions of bullying -Somatic complaints of bullying victims -Cyberbullying -Signs/Symptoms of child being bullied -Utilizing a tool for assessment of bullying victims -Short-term and long-term effects of bullying

Results

Pre-Survey:

- School nurses and APRNs identified gap in knowledge of bullying
- Lowest survey-reported knowledge level:
 - Knowledge of what to ask and/or what to say to a child suspected of being bullied
 - Knowledge regarding role in bullying as a school health professional

Post-Survey:

- School nurses and APRNs showed an increase in knowledge across all 7 survey questions of specific areas of knowledge within the bullying problem

Discussion

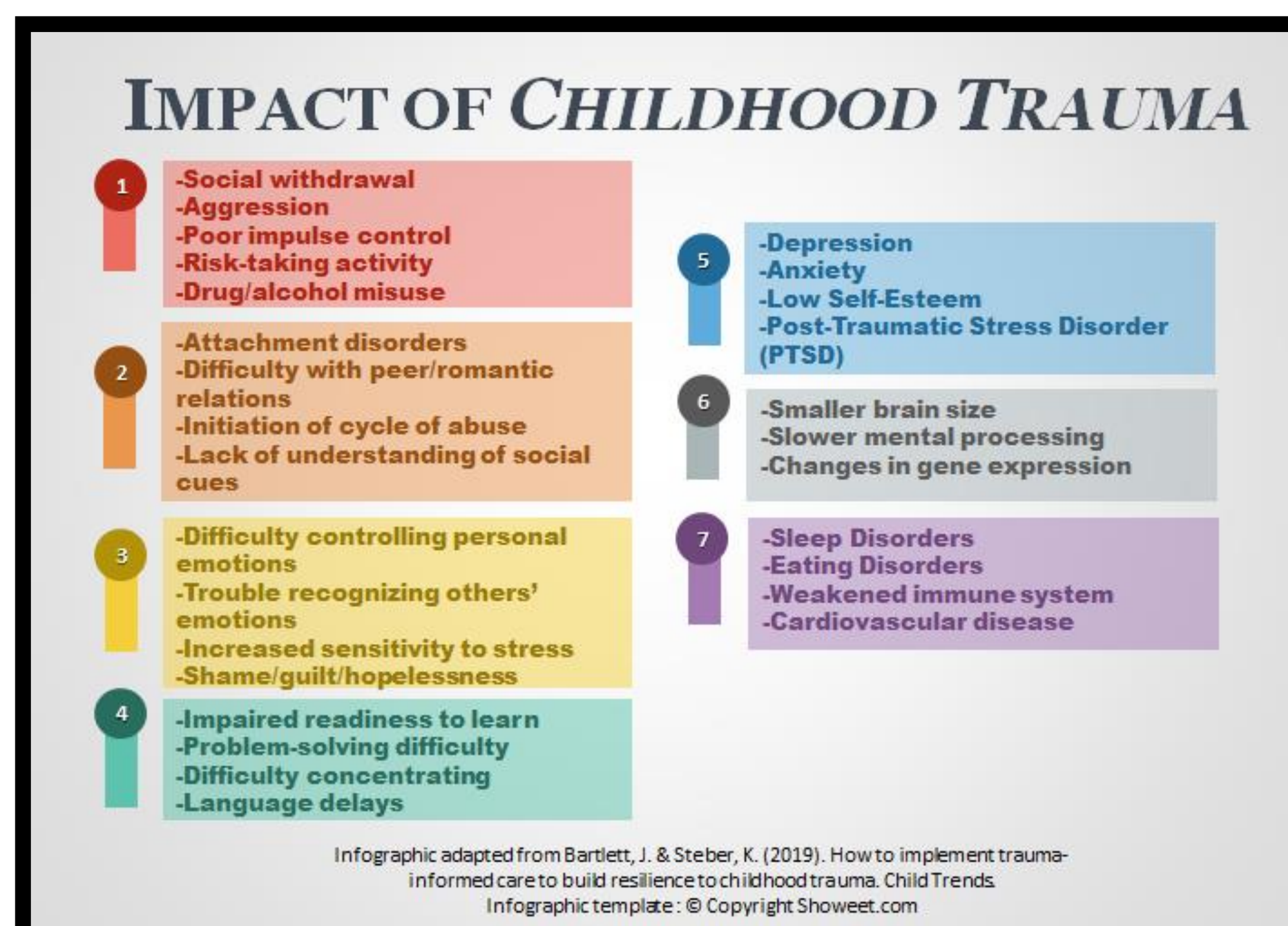
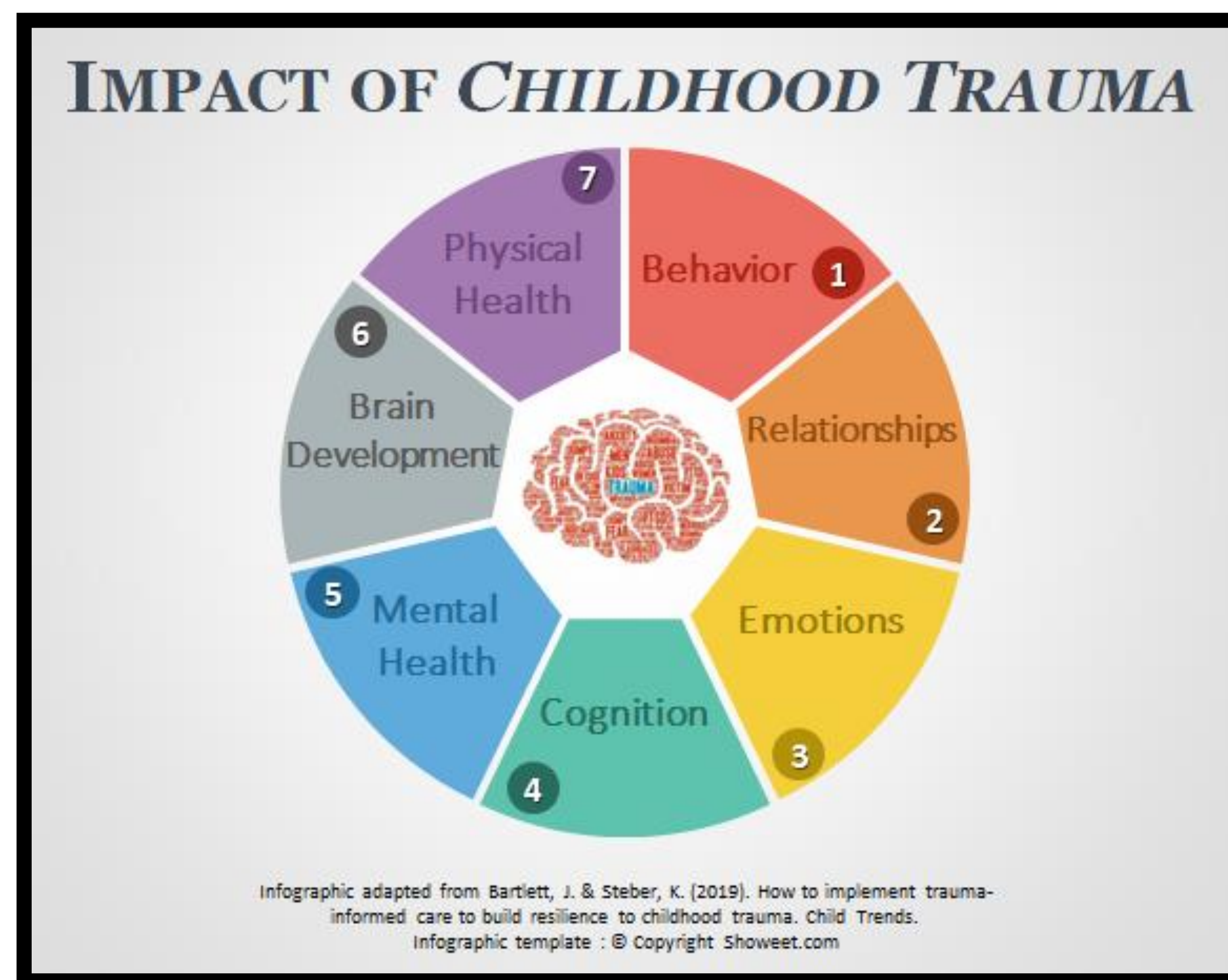
- An educational presentation, provided to School nurses and APRNs, demonstrated an increase in knowledge regarding all sub-topics of bullying, specific for this population.
- Higher chances of victims of bullying being identified can lead to proper intervention and referral for an appropriate safety plan for these children and their families.

Recommendations

- Expansion of Bullying specific education focused on identification of bullying victims in the school clinic and the role of the school nurses and APRNs in mitigating the impact of bullying.
- Development of a Bullying toolkit and clinical guideline for school nurses and APRNs.

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Theoretical Framework

