Initiative to Improve Colorectal Cancer Screening Rates in a Community Health Center Alyson Harris, DNP, MSN, ANP-C & Helen Sharp, DNP, MSN, AGPCNP-C, AOCNP

Purpose

• Improve the proportion of patients age 50-75 who complete colorectal cancer (CRC) screening in a community health center (CHC) setting.

Description of the Problem

- CRC is the third most commonly diagnosed cancer in the United States.
- CRC is the second-leading cause of cancer-related deaths in the U.S. among the cancers that affect both men and women.
- In 2011, 135,260 people in the U.S. were diagnosed with CRC; 51,783 died of the disease.
- The CRC screening rate in Florida in 2012 was 35.6 per 100,000.

Solution

- Early detection is the key to reducing CRC-related mortality and morbidity.
- Implementation of evidence based strategies can be applied to improve CRC screening rates in primary care settings including CHCs.

Setting

• Multi-site CHC located on the west coast of Florida



Framework

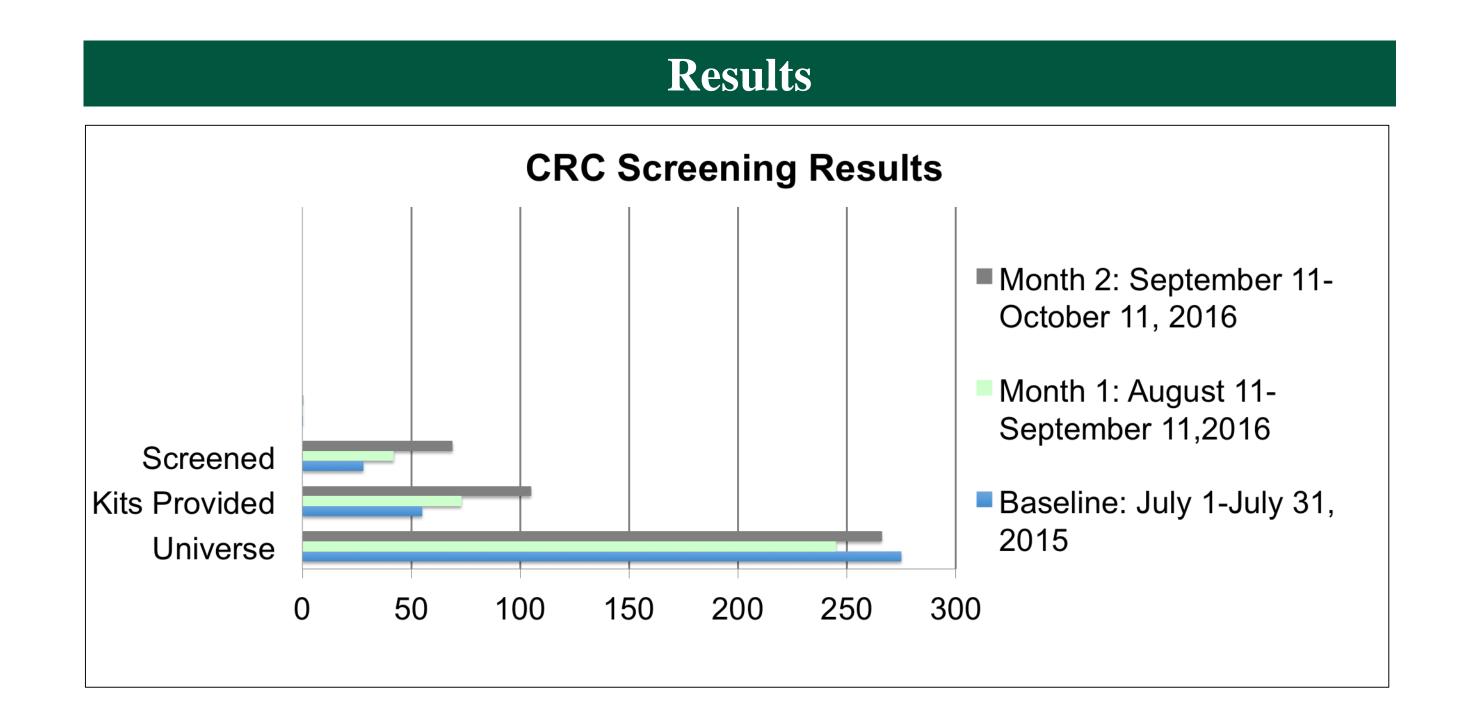


ACCELERATED IMPROVEMENT

A CONCENTRATED APPROACH
FOR CONTINUOUS IMPROVEMENT

Quality Improvement Intervention

Date	Participants	Focus/Activities
8/11/2016	 Study team members 	• Introductions
	CHC Site Administrator	 Establishment of project goals
		Preliminary action planning
8/16/2016	• Study team members	• Introductions
	Clinical support staff Information technology	 Orientation to project
	• Information technology	 Project goals Patient navigator roles and responsibilities Assessment of existing infrastructure and CRC processes to inform implementation planning and process improvement Project implementation strategies
8/30/2016	Study team members	 Introductions
	 Clinical support staff 	 Orientation to project
		 Project goals
		 Patient navigator roles and responsibilities
		 Project implementation strategies
		 Pre- and post-test data collection to assess impact of project orientation training
		impact of project offentation training
8/30/2016	Study team members	 Preliminary orientation to navigator roles and
0/20/2010	Patient navigator	responsibilities
	<u> </u>	 Orientation to "Steps for Increasing
		Colorectal Cancer Screening Rates: A Manual
		for Community Health Centers" as a
		framework to guide project implementation
8/31/2016	• Study team members	Continue navigator role orientation and
	Patient navigator	training
		 Continue orientation to CHC manual Presentation and review of project resource
		binder
		 Define initial implementation strategies and
		processes
9/13/2016	• Study team members	Debrief post week-one implementation
	Patient navigator	• Identification of opportunities for refinement
		and process improvementPlanning for implementation of process
		refinements
10/24/2016	Study team members	 Presentation of project results
	CHC CEO	 Debriefing with CHC CEO and other key
	On-site Project Mentor	organizational stakeholders
	 Providers 	Distribution of project-related materials to
		CHC CEO and stakeholders



Implication for Practice

- Expansion of the project period by 2-4 months would provide for enhanced implementation and evaluation.
- Lead time for engagement of staff and providers is critical to success.
- Provisions for sustainability of the patient navigator position is key.
- The development of a resource kit and process definition are requisite to effective implementation.

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Conclusions

• Increasing staff awareness of CRC screening importance and strategies, combined with implementation of the patient navigator model, holds promise for increasing CRC rates in CHCs.

References

• See available handout for references.

