

# Understanding mRNA COVID-19 Vaccines

- mRNA vaccines are a new type of vaccine to protect against infectious diseases.
- teach our cells how to make a protein that triggers an immune response inside our bodies.
- That immune response, which produces antibodies, is what protects us from getting infected if the real virus enters our bodies.
- <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/mrna.html>
- <https://www.cdc.gov/vaccines/covid-19/hcp/mrna-vaccine-basics.html>